

ARE YOU A VICTIM OF TRAFFICKING?

RECOGNIZE THE SIGNS



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ОТВОРЕНА ПОРТА
AGAINST VIOLENCE AND TRAFFICKING

WHO IS THIS BROCHURE FOR?

This brochure was created to help you protect yourself from human trafficking, to inform you about the available services and the rights you can exercise in the territory of the R. N. Macedonia.

WHAT IS HUMAN TRAFFICKING?

Human trafficking is a modern form of **slavery**, in which the human body and labor are cruelly exploited, and the victims' rights to life, freedom, health, work, education, safety and security are violated. This is the most cruel violation of human rights, and a serious crime. What defines human trafficking is the control of persons for the purposes of exploitation through the use of **force, deception or coercion**. Human trafficking may involve, but does not have to, transfer to another location.



Labor exploitation



Forced marriages / arranged marriages



Removal of organs



Illegal adoption



Begging



Sexual exploitation

RECOGNIZE THE SIGNS

- ➔ Your passport, identity card or other personal identification documents have been confiscated?
- ➔ They make you use a fake identity?
- ➔ You work under duress in difficult conditions with excessive working hours?
- ➔ You have no control over your own salary, money or finances?
- ➔ You are subjected to physical, psychological or sexual violence?
- ➔ You feel trapped, your movements are limited and controlled?
- ➔ You are married against your will and you feel that your spouse or his family is abusing you?
- ➔ You are not allowed access to communicate with other people (phone, internet)?
- ➔ You are constantly under threat for your life and the lives of your loved ones?
- ➔ They force you to provide sexual services?
- ➔ They use your body for pornography, organ trafficking, drug trafficking, etc.?
- ➔ They force you to commit thefts and other crimes?
- ➔ They force you to beg on the street, wash windows or sell small items?

If any of these things are happening to you, there is a high possibility that you are a victim of human trafficking.

YOU HAVE THE RIGHT TO HELP AND RIGHT TO PROTECTION



You may feel scared, powerless and alone, but know that help is available and you can exercise your rights.

If you think you are a victim of human trafficking, there are several steps you can take to change the situation.



TO REPORT TO THE POLICE ON 192

You can go to the nearest police station and report the case. The police officer will call an inspector who specializes in human trafficking.

The police can offer you protection from the person who hurt you or your loved ones.

If, after the initial conversation with the police, you do not feel ready to share information about your suffering, you may be given a decision-making period to recover and decide whether to cooperate with the authorities.

The reflection period lasts at least 60 days (2 months). If you are a child (under 18), this period can be extended.

If you are a foreign citizen after the adaptation period has expired, if you decide to cooperate with the competent authorities, you can get a **temporary residence** permit for a period of **6 months** with the possibility of extension. During the decision-making period, you have the right to be placed in a shelter.



YOU CAN GET HELP AT THE CENTERS FOR SOCIAL WORK (CSW) - THE NATIONAL REFERRAL MECHANISM (NRM)

+389 2 3 106 443

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You can also ask for help at the Center for Social Affairs in your city. The social worker from CSW will assess your needs and report your case to NRM, and if you are a child, you will be assigned a temporary guardian who will take care of you and your rights.

The national mechanism for referring victims of human trafficking in cooperation with the Centers for Social Work and Citizens' Associations will provide you with help and protection by taking measures for referral to services and accommodation in a shelter.



**YOU CAN CONTACT AND GET HELP FROM THE
OPEN GATE -LA STRADA**

WHO ARE WE:

- ➔ We are a citizens' association that provides free help and support to victims of human trafficking
- ➔ We offer specialized services for you and your family members that are available 24/7
- ➔ Your needs and interests are most important to us
- ➔ We provide protection, capacity building and integration of trafficked persons and other vulnerable groups in society.
- ➔ We do not blame, nor do we judge.
- ➔ We offer services with full confidence, interest and desire to help.

WHAT WE CAN OFFER TO YOU?

FREE SOS TELEPHONE LINE – 0800 11111

**FOR CALLS FROM THE COUNTRY OR +389 2 277 7070 FOR CALLING
FROM ABROAD +389 71 239 551**   

The anonymous and free SOS human trafficking helpline is available **24/7** where you can get prevention information, report, ask for help and talk to a professional.

You will be provided with psychosocial and **emotional help and support**, information about help, services, protection measures, the rights you can exercise as a victim of human trafficking and direction for referral to relevant institutions.

TEMPORARY ACCOMMODATION IN A SHELTER

Provided accommodation and assistance with available specialized services and where she can be accommodated for at least three months. 24/7 availability of a team of **social workers and psychologists**. The shelter is located in a **secret and secure location**.

PRIMARY AND NECESSARY SERVICES



Food, clothes, shoes, hygiene products



Medical assistance and access to basic health services through general and specialized examinations, medical treatments and provision of necessary therapy.



Legal assistance through legal advice, information about the rights of victims and the legal system, information about court proceedings as well as legal representation during the proceedings by an experienced lawyer with many years of experience in the field of human trafficking.



Emotional support to help, support and overcome stressful and traumatic experiences and deal with problems.



Psychological help through individual and group counseling as well as psychotherapeutic sessions with certified and experienced psychotherapists.



Assistance in obtaining personal documents, information on necessary documentation, submission of appropriate documentation to secure some of the social assistance benefits and overall assistance in successfully mastering administrative procedures.



Relationship with family and establishing contacts with family on a voluntary basis if they are not involved in the trading process.



Education and alternative education by providing assistance in joining or continuing the formal educational process, professional empowerment by visiting professional trafficking and courses.



Assistance in finding a job - Informing about employment opportunities, professional development and economic empowerment. Individual counselling, developing skills for entering the labor market, assistance in making a CV and preparing for an employment interview.



Contacts and cooperation with foreign non-governmental organizations and institutions working on the problem of human trafficking at the international level.



Open Gate is an association of citizens, which promotes human rights and represents the interests and needs of persons who are at risk or who have suffered violence and human trafficking through prevention, social support and lobbying at the national and European level through the membership of La Strada International- European Network to Combat Trafficking in Human Beings.

WE provide protection, capacity building and integration of trafficked persons and other vulnerable groups in society.

CONTACT



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